

Terah Harrison, M.A., LPC

Academic Preparation

- 2010 – Texas State Board of Examiners of Professional Counselors
Licensed Professional Counselor (LPC)
- 2008 - Texas Woman's University
Master of Arts in Counseling Psychology
- 2000 - Southwestern University
Bachelor of Arts in Psychology

Professional Experience

Licensed Professional Counselor and Owner: Terah Harrison, LPC PLLC **December 2016-Present**
Licensed Professional Counselor: Logos Counseling **September 2010-Present**

- Provides Couples and Individual Counseling focusing on relational growth and development utilizing Gottman method, Safe Conversations, and relational cultural theory.
- Owns and operates a Private Practice

Infant Mental Health Specialist: Early Childhood Intervention **August 2008-September 2012**

- Provided mental health services for children with a variety of developmental delays and disabilities utilizing floor time and play therapy techniques
- Collaborated with Occupational, Physical, and Speech therapists as well as Registered Nurses and Dieticians to provide child with holistic and integrated therapy

Practicum Student: Friends of the Family **August 2007-May 2008**

- Provided individual counseling for survivors of physical, sexual, and relational abuse.
- Lead group therapy for survivors of physical, sexual, and relational abuse.
- Co-lead Violence Intervention Prevention Group for perpetrators of Relationship Violence

Practicum Student: Texas Woman's University Counseling Center **August 2006-May 2007**

- Conducted individual therapy with variety of clients (anxiety, depression, substance abuse, childhood sexual abuse, Family of Origin issues, bipolar disorder)
- Development of multicultural competence
- Worked with Laura Sobik (MA) and Crystale Marsh (MA) as Supervisors

Intern: University of North Texas Denton, Texas **August 2004-December 2004**

- Worked with traumatic brain injury client on daily living skills, cognitive development, and social interaction
- Worked with Dick Miller, PhD, as Supervisor

Professional Memberships & Accomplishments

Author- Beyond Attraction: How to Emotionally Connect & Build Trust in Your Relationships with Women- E book and coaching program
March 2020

Shameless Sexual Revolution, First Author
Association for Women in Psychology Presentation
March 2020

Make More Love Not War Podcast, Host
May 2018-present

**Maximizing the Impact of Multicultural Training:
Overcoming Multicultural Counseling Training
Resistance: Views from Educators and Students, First Author**
American Psychological Association Presentation
Debra Mollen, PhD, Chairperson
August 2006

"Positive Reinforcement: Working with children with Autism"
Invited Guest Lecturer
Texas Woman's University
April 2006

Attitudes towards Mothers as a function of Feminist Orientation
Research Team Member
Texas Woman's University
Dr. Misty Hook
Spring 2005

Member of MENSA (2002-present)
Serving on the Advisory Board for Relationships First (2019-present)
Member of Association for Women in Psychology (2019-present)

Certifications Held

Nutritional Consultant (2005)
Reiki Attuned Practitioner Levels I & II (2013)
Gottman Method Level 1 (2011)
Gottman Method Level 2 (2013)
Gottman Method Level 3 (2019)
WholeFit Coach, Level II (2016)
Safe Conversations Leader (2019)